

Sofia Southwell

SoCal Blues ECNL RL U17

5'6"

GPA 4.1 weighted

NCAA ID 2502509909



“Sofia is a hard worker and loves to tackle when the opportunity arises. She plays simple and doesn't complicate the game. Sofia has a great positive attitude and is a team player.”

ROB RENNIE, CLUB COACH, SOCAL BLUES

HONORS

- ECNL RL Finals Competitor
- ECNL RL West Regional Champion
- ECNL RL Southwest Regional Champion

AT SCHOOL

AWARDS

- Varsity Starter
- 2024-2025 Defensive Player of the Year
El Dorado
- Scholar Athlete, three years
soccer, flag football and track and field

WHAT HER COACHES SAY

“Sofia Southwell is an athletically, tactically and relationally sound player who is dangerous on both sides of the ball. She reads the game very well, has a great tactical foundation, and her recovery pace allows her to cover the field extremely well. Sofia is deeply committed to her craft and is one of the hardest workers in the program, approaching every training session with purpose and a drive to improve. She is a coachable, selfless teammate who never stops learning and growing. A solid leader, she leads with compassion, character and sets the tone through effort and example, earning the trust and respect of those around her. Sofia would be a valuable addition to any college program, both on the field and in the locker room.”

KYLE THOMAS, EL DORADO HIGH SCHOOL GIRLS SOCCER DIRECTOR
AND VARSITY COACH



SCAN FOR HER PAGE

Film, academics, schedule and contact

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