

Allie Rowan

SoCal Blues ECNL RL U17

5'2"

GPA 4.29 weighted

NCAA ID 2501495928



SCAN FOR HER PAGE

Film, academics, schedule and contact

CONTACT

EMAIL

allierowan2028@gmail.com

INSTAGRAM

@allie.rowan_4

"Allie is a highly intelligent defender whose game is built on elite defensive instincts, anticipation, and relentless work rate. She excels in 1v1 situations, consistently winning individual duels through strong positioning, timing, and composure. Her high soccer IQ allows her to read the game exceptionally well in both attacking and defensive phases, often recognizing developing plays before they unfold. Defensively, Allie's anticipation and quick reactions enable her to break up attacks and recover effectively. She covers ground with impressive speed and uses intelligent positioning to limit space and disrupt opposing attackers. Her ability to transition quickly from defense to attack makes her a valuable two-way player. In possession, Allie demonstrates solid technical ability and composure under pressure. She shows good vision, consistently identifying forward passing lanes and attacking options to help progress play. She pushes high to support attacking phases when opportunities arise, while maintaining the awareness to recover defensively when possession is lost. Combined with exceptional endurance and a tireless motor, Allie impacts the game from the first whistle to the last, making her a reliable presence on both sides of the ball."

PFSA CERTIFIED SCOUT, PROFESSIONAL FOOTBALL SCOUTS ASSOCIATION

HONORS

- ECNL Regional League All-League Team, 2025-26
- ECNL Regional League National Semi-finalist with SoCal Blues, 2025-26
- ECNL Regional League West Regional Champions, 2025-26
- ECNL Regional League Southwest Division Champions, 2025-26
- ECNL Regional League Southwest Division Runner-Up, 2024-25
- Gothia Cup quarter-finalist, 2024